



EXECUTIVE TRAINING & WELLNESS RETREAT

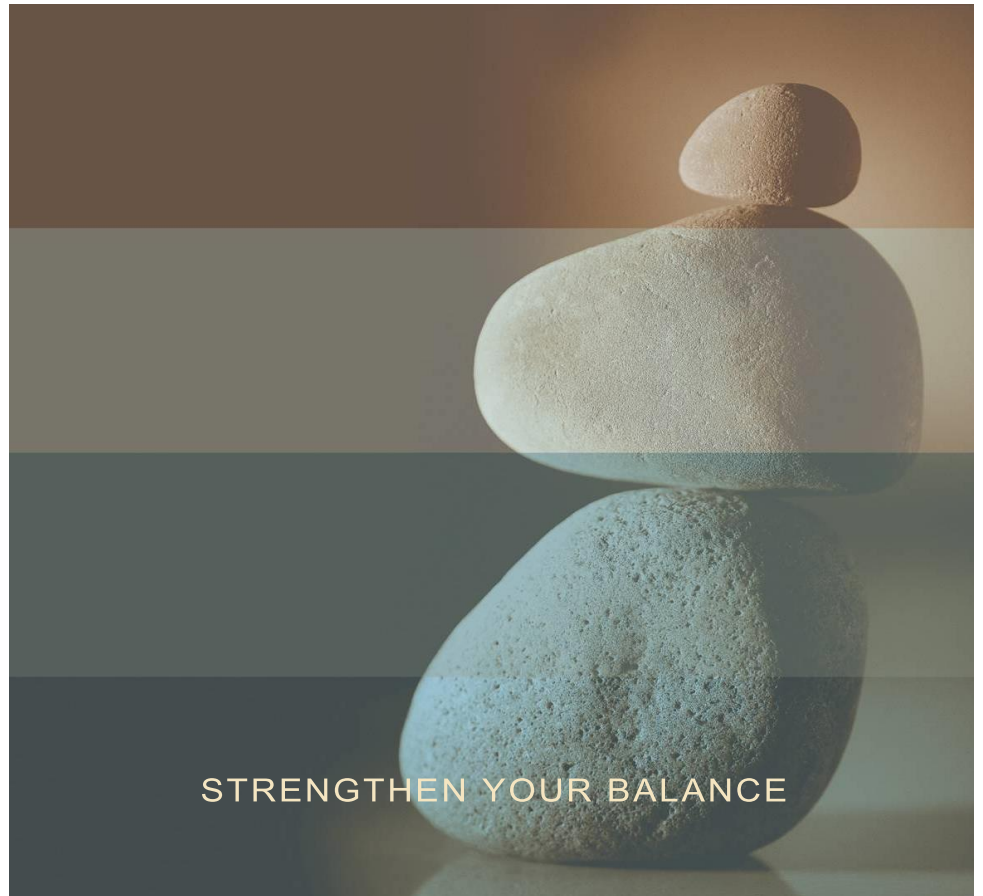
HERITAGE SUITES HOTEL

SIEM REAP
CAMBODIA

7-14 AUGUST 2021

WELL-BEING
WITH TWO-HOUR DAILY
MANAGERIAL TRAINING

INDIVIDUAL PROFESSIONAL AND
LIFE COACHING ON REQUEST



STRENGTHEN YOUR BALANCE

breathe

We are taking you to a luxurious wellness escape by the sacred ancient Temples of Angkor, UNESCO world heritage and timeless wonder.

rise

There is no such frontier between the manager and the man or woman you are within. We bring you invaluable insights for professional and personal growth.

relax

We brace you in releasing professional and personal emotional stress.

Work and wellness are no longer incompatible. Your time is precious.

Please contact us for more information

event@your-angkor.org

registration open until 15 June 2020

FIVE 2-HOUR THEMATIC WORKHOPS DEDICATED TO YOUR NEEDS

Carried out within a small group of peers, these experiential workshops are tailored for you. We will unfold your own professional concerns by leveraging collective intelligence and proficient coaching through the overall prism of emotional intelligence.

Enhance your self-awareness in your relationships. Get inspired to your solutions.

Yes, you have the power to inflex and improve each situation.

empower yourself to overcome your challenges



balance your life

ONE DAILY SESSION TO RAISE YOUR POWER TO VANQUISH EVERYDAY CHALLENGES

ONE WEEK TO SHARE WITH PEERS

ONE WAY FURTHER TO EXCELLENCE

Growing your managerial skills, from your concerns to your new strengths

Stepping back in this privileged moment, you will be fostered to find unlock paths through emotional intelligence and self-control, enhancing your ability to successfully compose with emotions. We will share a viewpoint on leadership as one's ability to turn vision into reality, and you will gain mindset in building cohesiveness and trust for an effective teamwork. You will experience the art of listening, the precious pre-requisite to understanding and making yourself be understood in the whole sphere of your life.

enjoy



HERITAGE SUITES SPA & WELLNESS



Rejuvenate yourself with a perfect balance of beauty and relaxation.

The new Heritage Spa combines relaxing and professional treatments with 100% natural local products. Energize your spirit with yoga and meditation for mindfulness, surrounded by beautiful gardens.

Sophro-analysis care in relaxed state is offered to help you release the most profound emotional charges.

ONE WEEK TO UNWIND AND RENEW YOURSELF
ONE TIME TO EXPLORE OUTER AND INNER

REUNITE WITH YOUR ONENESS



journey

THE ANGKOR EXPERIENCE

Escape to Sacred Angkor.

Captivating tropical wonder, the Angkor Temples site is the majestic heritage of lost kingdoms and civilizations.

You are invited to experience the vibrant energies of the sacred place and discover the finest Khmer culture.





Jean is bringing you over eleven years of executive training and coaching experience within the executive education programs of the prestigious Ecole Polytechnique and Ecole Centrale in Paris, and twenty years of international managerial experience in high-tech industries.

He is specialized in the fields of emotional intelligence, stress management, multiculturalism and mindfulness.

Jean holds a doctorate from Telecom ParisTech, an executive master in coaching from Paris-Dauphine University, an advanced management certification from INSEAD and an entrepreneur MBA from ISC Paris.

JEAN OUDINOT, PHD

INSTRUCTOR & EXECUTIVE COACH

broaden your horizons

Fascinating consciousness

Learn about state-of-the-art scientific discoveries from physics to biology that evoke a universe where all would be inter-connected.

As taught by all sages of the world since time immemorial, this insight is re-inviting us to respect and benevolence in our ways to work altogether, to live, to be.

Complimentary lecture by

JULIE SVAY, PHD | Founder of

ANGKOR INSTITUTE OF CONSCIOUSNESS

there is only one You through all realms of your life

An event brought to you by



ANGKOR INSTITUTE OF CONSCIOUSNESS

Dedicated to the exploration of consciousness at the confluence of science and spirituality.

Our mission is to share and enrich our understanding of human being, so as to inspire a greater wisdom in our lives.

All profits are given to our children psychotherapy foundation **LIGHTRISE** committed to break the legacy of war violence and raise a more aware generation.

www.angkor-institute-of-consciousness.org